

# Birthday Poems for Older People

The journey you have taken  
Has lead you to this spot  
And even as your turning 70  
Your still so bloody hot!  
Well to me at least!

**In the end although we  
Say your age  
It's just another number In the  
Cycle of life's stage.**

**Your words are wise  
And no surprise  
I listen in with care  
But half the time  
To be quite frank  
You're spouting  
Out hot air!**

**This really is an age  
And if it was your wage  
You'd have it made  
At every stage  
And decade  
That you made!**